



## American Board of Psychiatry and Neurology, Inc.

A Member Board of the American Board of Medical Specialties (ABMS)

### CERTIFICATION EXAMINATION IN CHILD AND ADOLESCENT PSYCHIATRY

#### 2021 Content Blueprint

(October 18, 2019)

<b>Number of questions: 280</b>	
1. Development	13-17%
2. Biological and clinical science	13-17%
3. Psychopathology/Classification	13-17%
4. Developmental assessment/Diagnostics	13-17%
5. Treatment	13-17%
6. Issues in practice	8-12%
7. Consultation	8-12%
8. Prevention	4-6%
<b>TOTAL</b>	<b>100%</b>

**Note:** A more detailed content outline is shown below.



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#### 2021 Content Outline

<b>Content areas</b>
<b>1. Development</b>
A. Normal child development
B. Child development theory (e.g., cognitive theory, moral development, learning theory, psychodynamics)
C. Developmental psychopathology
1. Risk factors (e.g., parent-child interactional problem, genetic, environmental, etc.)
2. Protective factors
3. Longitudinal course
D. Family systems/development
<b>2. Biological and clinical science</b>
A. Neuroscience
1. Developmental neurobiology
2. Neuroimaging
B. Basic pharmacology
1. Developmental neurotoxicity (e.g., neurotoxicity in utero)
C. Animal models of disease
D. Genetics
1. Molecular genetics
2. Population genetics
E. Epidemiology
F. Statistics
G. Research design/methodology (e.g., cohort, placebo control, etc.)



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<b>3. Psychopathology/Classification</b>	
A.	Neurodevelopmental disorders
1.	Intellectual disability (intellectual developmental disorder)
2.	Autism spectrum disorder
3.	Specific learning disorders
4.	Communication/language disorders
5.	ADHD
B.	Genetic disorders
C.	Disruptive, impulse control, and conduct disorders
1.	Conduct disorder
2.	Oppositional defiant disorder
3.	Intermittent explosive disorder
D.	Depressive disorders and bipolar disorders
E.	Substance-related and addictive disorders
F.	Sleep-wake disorders
G.	Feeding and eating disorders
H.	Anxiety disorders
I.	Obsessive compulsive and related disorders
J.	PTSD/dissociative disorders
K.	Adjustment disorders
L.	Movement disorders
M.	Personality disorders and traits
N.	Schizophrenia spectrum and other psychotic disorders
O.	Somatic symptom and related disorders
P.	Comorbid psychiatric diagnoses
Q.	Elimination disorders
R.	Disorder secondary to a general medical condition (e.g., toxic, metabolic, endocrine, infectious)
S.	Reactive attachment disorder
T.	Disorders secondary to environmental exposure (e.g. heavy metal toxicity, prenatal drug exposure)
U.	Sexual dysfunctions, Gender dysphoria/Paraphilic disorders
V.	Delirium



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W.	Other mental disorders due to medical condition
<b>4.</b>	<b>Developmental assessment/Diagnostics</b>
A.	Mental status observations
B.	Diagnostic interviewing
C.	Differential diagnosis
D.	Rating scales
E.	Psychological testing
F.	Medical/laboratory/genetic testing
G.	Diagnostic imaging
<b>5.</b>	<b>Treatment</b>
A.	Clinical psychopharmacology
B.	Psychotherapies
1.	Individual
a.	Supportive
b.	Psychoeducational
c.	Psychodynamic
d.	Behavioral
e.	Cognitive behavioral (e.g., DBT)
f.	Other (e.g., IPT, Parent-Child Interactional Therapy, motivational interviewing)
2.	Family
3.	Group
C.	Settings/level of care
1.	Outpatient
2.	Community-based (e.g., respite, drop-in, school-based, shelters)
3.	Day treatment
4.	Residential
5.	Inpatient
6.	Other
<b>6.</b>	<b>Issues in practice</b>
A.	Family psychopathology
B.	Bereavement
C.	Abuse/neglect
D.	Violence/homicide
E.	Suicide



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F.	Adoption/foster care
G.	Custody/divorce
H.	Delinquency
I.	Interpersonal and communication skills
J.	Cross-cultural issues
K.	Legal issues
L.	Ethics/professionalism
M.	Integration and systems of care
N.	Managed care issues
O.	Utilization management and review
P.	Quality assurance and performance management
Q.	Medical errors
<b>7.</b>	<b>Consultation</b>
A.	Pediatrics
B.	Neurology
C.	School
D.	Community
E.	Forensic
<b>8.</b>	<b>Prevention</b>